



**MINUTES
DISTRICT OF PORT HARDY
COMMITTEE OF THE WHOLE MEETING
MONDAY JUNE 4, 2018
COUNCIL CHAMBERS, MUNICIPAL HALL
7360 COLUMBIA STREET**

PRESENT: Mayor Hank Bood, Councillors Pat Corbett-Labatt, Dennis Dugas, Rick Marcotte, Fred Robertson, John Tidbury and Leightan Wishart

ALSO PRESENT: Allison McCarrick, Chief Administrative Officer; Heather Nelson-Smith, Director of Corporate Services

MEDIA: None **MEMBERS OF THE PUBLIC:** None

A. CALL TO ORDER

Mayor Bood called the meeting to order at 3:00 pm.

B. APPROVAL OF AGENDA

Moved/Seconded/Carried

THAT the agenda for the Committee of the Whole meeting of June 4, 2018 be accepted as presented.

C. DELEGATION

1. Jody Olsson, Planner, Barbara McMillan, Community and Sector Development Coordinator, Healthy Aging and Tammy Minihan, Better at Home Coordinator Community Impact & Better at Home, United Way Local Better at Home Program.

Ms. McMillan provided an overview of the United Way Raising the Profile Project.

- Addressing the needs of the communities-based seniors sector.
- Supporting municipal and nonprofit services that provide programming to seniors.
- Consultations were held all over the province to hear what the concerns and the key issues were:
 - o Reliance for social connection, support and funding towards the programs
 - o ESL, low income and limited funding
 - o Sustainability as programs are funded annually and not committed in advance
- Key findings:
 - o Nutritional support
 - o Wellness program
 - o Physical fitness
 - o Educational, recreational and creative arts
 - o Information referral and advocacy
 - o Transportation
 - o Affordable housing
- Increase in the number of seniors and recruitment and retention of volunteers.
- Nature of partnerships between key organizations.
- Municipalities are concerned about supporting including downloading.
- Learnings:
 - o Different approaches between different communities
 - o Sharing experiences to support programs
 - o Require sustainable funding

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APPROVAL OF
AGENDA AS
PRESENTED

Declaration of the Community Based Seniors Services Sector (CBSS) in BC which supports the importance of collaboration and maximizing the need to have seniors age in place. The declaration has been signed by over 200 organizations.

In addition to the declaration they have secured funding for a Knowledge Hub to help the sector to coordinate, communicate and collaborate. It is designed to be interactive and a place where communities can communicate with each other.

Short term:

- Establish the Knowledge Hub
- Initiate the CBSS Leadership Council
- Continue e-newsletter
- Transition Raising the profile website to the Knowledge Hub
- Promoting the widespread support of the declaration
- Develop training opportunities
- Meeting with BC Government and other funding agencies
- Developed a Municipal Caucus
- Seek input for the Knowledge Hub

Long term:

- Highlighting effective programs
- Strengthen and evaluate initiatives
- Founders table will compare the investments and evaluate
- Support local seniors planning and action tables to prioritize
- Ongoing advocacy and support to enhance collaboration

Key components of the Knowledge Hub:

- Community programs
- Sector capacity building and organizational development
- Sector strengthening strategies

The role of the municipality:

- Profile contributions in supporting seniors service
- Share promising practices
- Highlight needs for more funding
- Plan effectively for the growing challenges of an aging population over next 20 years
- Support the CBSS Declaration

Action Items:

- Sign the declaration
- Support the UBCM resolution

Tammy Minihan, Project Coordinator, Better at Home Program provided the Committee with an overview of the Better at Home Program.

What is the Better at Home program:

- Support non-medical needs of seniors 65 and over
- Helps with simple day to day tasks
- Unique seniors planning meaning seniors plan and contribute in the design of the program
- Most of the programs are completed by volunteers

As of March 2017:

- All 69 sites in BC are operational
- Over 20,000 seniors are enrolled in the Better at Home Program
- 394,000 non-medical services have been provided across the province

- Partnerships:
- Island Health
 - First Nation health services
 - Sacred Wolf Friendship Centre

- Services offered:
- Light housekeeping
 - Minor home maintenance
 - Grocery shopping and delivery
 - Friendly visiting
 - Limited transportation
 - Yard work

The North Island has 76 active clients and the program is monitored and evaluated regularly.

The project's success is in large part of the many volunteers and always looking for volunteers. Volunteers are trained.

- Needs:
- Transportation
 - Volunteers

- Discussion included:
- Concerns over transportation
 - Ride share apps
 - Computer literacy
 - Subsidization for the Better at Home program are based on income
 - A senior is 65 and over

D. ADJOURNMENT

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ADJOURNMENT

MOVED
THAT the Committee of the Whole adjourn. Time: 3:55 pm

CORRECT APPROVED

Original signed by:

DIRECTOR
OF CORPORATE SERVICES

MAYOR