



IS YOUR FAMILY PREPARED?

Emergency



PREPAREDNESS WEEK MAY 7-13 2023

Emergency Preparedness Starts With You!

Are you prepared for an emergency for 72 hours? That's right 3 days! The best way to help you be prepared is to create an emergency kit. You don't need to purchase an expensive kit, rather make your own kit using household items you may already have....Using a second hand or unused suitcase or backpack will help house your emergency supplies. Keep your kit close to your door for easy grab n' go.

BASIC EMERGENCY KIT RECOMMENDED SUPPLIES

- Water – at least two litres of water per person per day; include small bottles that can be carried easily in case of an evacuation order
- Food that won't spoil, such as canned food, energy bars and dried foods (replace food and water once a year)
- Manual can-opener
- Crank or battery-powered flashlight (and extra batteries). Replace batteries once a year
- Crank, battery-powered radio (+ extra batteries) or Weatheradio.
- First aid kit
- Extra keys to your car and house
- Some cash in smaller bills, such as \$10 bills & change
- A copy of your emergency plan and contact information

Use your smartphone camera to load all of the Emergency Resources at your fingertips.



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If applicable, other items such as prescription medication, infant formula, equipment for people with disabilities, or food, water and medication for your pets or service animal (personalize according to your needs)

DID YOU KNOW?

You can subscribe to receive emergency notifications from the District of Port Hardy. In the event of an emergency, subscribers will receive a notification to their mobile, personal device or landline alerting of an important event such as a tsunami, earthquake, flood or fire. Visit the link to subscribe: <https://porthardy.ca/municipal-hall/subscribe-and-connect/emergency-notification/>



Port Hardy Emergency Support Services (ESS) is seeking volunteers to provide support during emergency events To learn more about the roles and responsibilities of an Emergency Support Services (ESS) Volunteer, call (250) 949-6665 or email sbjarnason@porthardy.ca.

