

## Hockey Programs

### Beginner Hockey Lessons

This program is designed for children who want to try hockey for the first time! Come learn and develop skating and hockey skills, then show off your improvement at our Game Nights! Full hockey gear is required to participate.

*Ask about our FREE gear lending program*

**Ages 5 - 14**

**3:45 pm - 4:45 pm**

**Thursday | Oct 14 - Dec 9**

**No practice Nov 11**

**8 sessions | \$64**

### Women's Intro to Hockey

This program is for beginner to intermediate skaters who are looking for a fun and challenging new activity! Learn the basics of skating and hockey techniques or further develop your skills! Hockey helmet, gloves, and stick are required. Full hockey gear is recommended.

**Ages 15+**

**8:45 pm - 9:30 pm**

**Tuesday | Oct 19 - Nov 23**

**6 sessions | \$48**

## Skating Program Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>Preschool 1 - 4</b> 3:15 - 3:45 pm</p> <p><b>P&amp;T Lesson</b> 4:00 - 4:30 pm</p> <p><b>Preschool 1 - 4</b> 4:00 - 4:30 pm</p>	<p><b>Skate 1</b> 3:15- 3:45 pm</p> <p><b>Skate 2 - 5</b> 3:15 - 4:00 pm</p> <p><b>Skate 1</b> 4:00 - 4:30 pm</p> <p><b>Skate 2 - 5</b> 4:00 - 4:45 pm</p> <p><b>Women's Intro to Hockey</b> 8:45 - 9:30 pm</p>		<p><b>Beginner Hockey</b> <b>Ages 5- 14</b> 3:45 - 4:45 pm</p>		<p><b>Youth/Adult Lesson</b> 5:30 - 6:15 pm</p>

This image shows the gear required to participate in our Beginner Hockey Lessons and Youth Drop-in Hockey. Skate rentals are available for Beginner Hockey Lessons.

Adult Drop-in Hockey requires this gear with a few exceptions: face cage and neck guard are not required but recommended.

We recommend arriving 10 - 15 minutes prior to your lesson to ensure adequate time to get ready.

Programs do not run on holidays.

Refunds will not be given for missed lessons. Notice of cancellations must be given prior to one week of start date.

*By registering for our skating programs, you are agreeing to the risk involved and understand that accidents resulting in injury may occur.*

